

SACH N SOCH



From the Co-Chief Editor

Just year ago, I was a new student at Samashti who was beyond thrilled to have been selected as one of the journalists for Sach and Soch. I didn't know a thing about being a good journalist, but I decided to go for it anyway because taking up new challenges has always been exciting for me. I used to be a shy girl who wouldn't talk to her classmates, and it's actually funny that now I have friends in pre-primary too! I decided to grab every opportunity that I could get because I realised that you don't have to be perfect at something to choose to do it. As humans, we will keep learning for our whole lives because learning never stops - not even during pandemics. We've done a wonderful job with conducting our annual science fair virtually, and Sach and Soch is no exception.

Happy reading!

Varshitha Matta '9 B'

From The Chief Editor

Finding your balance

Balance can be defined in so many ways. The real question is, how do you find your balance? Finding your balance isn't easy. In today's fast-paced world, we tend to ignore the fact that we need to give ourselves time to relax, to stop and rest. Without learning how to slow down, we will never find our balance. Don't forget to slow down once in a while, take a deep breath, and find your balance. Writing is where I find my balance. Why? Because it's my world. In my stories, elephants can be green. It doesn't matter. It's where I can be me. Which is why this newspaper is the perfect outlet. Writing for Sach and Soch gives me and so many others an opportunity to balance our lives and express ourselves. It also gives everyone lovely articles to read!

Presenting, Sach and Soch 2020-21!

-Saanvi '9 B'

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BALANCE



One has to be careful to be balanced.

Reyansh Gautam 1-E

When you are at peace with yourself and your surroundings, your life is balanced.

Saanvi 9-B



Balance is the ability to control what you have and what you do not.

Harini Manda 7-D



Balance is a tool which makes our life easy, successful and happy.

Priyam Agrawal 7-D

Life is like walking on a Tightrope-you have to be balanced in order to move on.

Sahasra Veda 9-D



Yoga helps us to balance our body and mind.

Srivastava Nikhil 2-A

Jyanshu Keetha Tekumatla 1-B



We should be balanced in studying and playing.

Happiness is not a matter of intensity but of balance, order, rhythm and harmony.

Nythik 6-E



Balance is an art of managing your life.

Pranavi 10-C



The word Balance means 'Taking control of your life'.

Mayon Reddy 5-B



Striking Balance helps you lead a happy and contented life.

Deeksha 6-D

Balance is to be stable and also when mom gives me money to buy chocolate the leftover money is called balance.



Rahul 3-A



Anish 2-A

Balance means equal.

Balance is not something you find, it's something you create.

Riya 9-D



Balance means whole and complete harmony and happiness.

Harshvardhan 3-C

Being balanced is not an option, it is a responsibility.

Nandigam Sriram 6 - D

Balance is feeling that life has suddenly become better and easier.



Saathvik 5-D

Samashti has adopted the 6Es model of instruction.

Students acquire and retain new knowledge by building on the previous knowledge.

The 6Es represent the six phases – **Engage, Explore, Explain, Elaborate, Evaluate, Encourage.**

As the student walks through these six phases, the new knowledge is completely absorbed.

Little Gandhis

What is the Pomodoro technique? The Pomodoro technique is a time-management system where we give a short break to ourselves. It may be 5 minutes long or 10, but making proper use of it is very important. So, keeping that in mind, the students of Grade 1 had done a very interesting work by dressing themselves like the person, the hero, the legend who is our beloved Gandhi Ji. This was done on October 1st. Their faces showed that they were very excited about the activity. They dressed themselves up with whatever materials were available at home. Some of them dressed up as the teenage Gandhi Ji by wearing a coat and pants with a cap, and others made use of their bedsheets, blankets, and dhotis along with a stick in their hands and a Gandhi cap. They clicked pictures with the help of their families as instructed by their teachers, and each one of them were appreciated for their costumes. They took their parents' help and were all done within 10 minutes. The photos were circulated throughout the school, and everyone fell in love with the little Gandhis.

-Madeeha Fatima 7B



Different people have different opinions of **online classes**. Most of us find it boring, and would prefer to go back to school. Some of us enjoy it and find it more convenient to attend. Others are stuck in between the choice of waking up at six in the morning or never being able to see our friends in person. But at this moment, there's nothing we can do about it. Health comes first, and school next. The students of 9C, like most of us, prefer going to school over online classes. But, they had an idea about how to make online classes feel more like school. Why not wear our school uniforms to the classes? On Mondays and Wednesdays, they wore their formal uniform, and the other days they wore sports, just like when they went to school. They started this tradition by making sure everyone had a working camera, and then taking a photo with everyone in their school uniform. The picture circulated into different groups, and other sections of ninth quickly caught on. Now the whole of grade 9 is attending online classes in their uniform. After we've started sitting in our uniforms, even online classes feel more like school! Many students took this activity very seriously, and even wore their socks and ID cards, and packed their bags and left them underneath the desk. I for one, now have a stack of books in a cupboard some six feet from my desk, and I go there every period to get my books. It feels like I'm going to my locker, just like in school, to retrieve my books for every period! So to everyone reading this, find a way to make your home more like school! Because we all know our school is our second home.

-Saanvi Sundaram 9B

New Education Policy

2020



NEP 2020

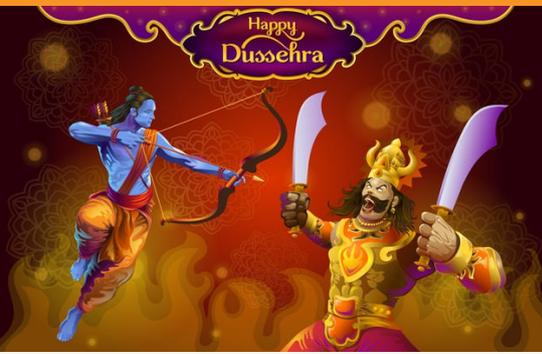
2020 is indeed a year of change, isn't it? The biggest and most obvious differences are the quarantine and the introduction of online classes. Speaking of online classes, there has also been a huge change in the education system in India. Shri Narendra Modi's government announced a new education policy on July 29. A National Education Policy, or as it is popularly called, an NEP, is a framework that guides the development of education in the country. The last NEP which was announced was back in 1986, when Shri P.V. Narasimha Rao was the Prime Minister. One of the main changes that it has brought is that the University Grant Commission (UGC) and the All India Council for Technical Education (AICTE) were taken down. The UGC granted funds for eligible colleges whereas the name of AICTE is self-explanatory.

Coming to school education, the main focus is on making Board exams 'easier', and also a reduction of syllabus for better retainment of core concepts. It has also been mandated that students until Class 5 should be taught in their regional languages. It has been encouraged for teachers to take up a bilingual approach. However, this applies to government schools. It is unlikely that private schools will have to take this up as well. Apart from this, it has also been mandated that students will have 10 bag-less days during which they are taught a vocational subject of their choice. Here at Samashti, vocational activities take place every week under 'Work Education'. During the 'Work Education' period, students are divided into groups. Each group takes up one activity such as cooking, electrical gadget maintenance, media lab, interior designing, etc. for a month. The groups go through these activities on a rotational basis.

Additionally, one of the most significant changes to occur is the change from the 10+2 structure to the 5+3+3+4 structure. In the new structure, the numbers correspond to the age groups. They are: 3-8 (foundational), 8-11 (preparatory), 11-14 (middle), and 14-18 (secondary). Each stage aims to achieve a certain goal and will help in the transition to the next phase.

The current government of India brought these changes in hopes of making India a 'global technological superpower'. This goal is a very crucial one for India. If this is achieved, it will accelerate India's development going into the future.

-Siddardh A. 9C



Dussehra
-Deeksha Kishore 6D

According to my mom, Dussehra means Golu [dolls]. According to my grandfather, Dussehra means worshipping goddess Durga, Lakshmi, and Saraswati, and of course, eating sundal. As a kid, I am really curious to know about Dussehra!

Dussehra means victory of good over evil. It also marks the end of Durga pooja. In each state of India, it is celebrated differently. In South India, Golu is a Navratri festival in which dolls, carved and painted beautifully, are set up. Tamilians, Telugus, and Kannadigas celebrate Golu. The colourful dolls are arranged in Golu steps and 3, 5, or 9 steps are used to make this arrangement. My friends from North India have told me that there are effigies of Ravana which are burnt in the Ramlila grounds in Delhi. In East India, Durga pooja is celebrated for 10 days, and Kolkata is one of the main centers of celebration. When it is the 10th day, people immerse the idol of the goddess Durga. Dussehra marks the harvesting of Kharif crops and the sowing of the Rabi crops.

Dussehra is also called Vijay Dashmi, meaning "Victory of the tenth day". Dussehra is a Sanskrit word, meaning "Defeat of the Sun". Dussehra marks the end of the monsoon season. It also marks the homecoming of the Pandavas from their 13 years of exile. Dussehra is the day when King Ashoka embraced Buddhism. So with all these fun facts, I am going to enjoy my Navratri holidays arranging dolls and eating sundal.

What are you planning to do this year?

Samashti Elections 2020

-Sai Sweshta Meka 6A



It was 9 am sharp, and all the students were busy with their work. The class teacher unmutes her microphone and says, "Dear students, I have some exciting news to share with you, 'Samashti Elections 2020' are open!". After she shared the news, there was a huge round of applause. The teacher was filled with happiness to see everyone's excitement. From the next day, the 'Samashti Elections 2020' began. The first procedure was interviewing the participants. The second procedure was making a video for digital-campaigning, which was to be shared with the students. Each participant received a logo designated by the school and had to use their creativity to speak about it. The last procedure was the voting process. The process was done in a virtual structure. It was fun and a thrilling experience for the students and the teaching staff in the school. A week later, our Headmistress entered the virtual science fair and announced, "Dear students, no matter who wins or loses, it depends on where we need to correct ourselves in life." She then announced the results of the nominees during 'Samashti Vigyan'. The ones who lost wouldn't give up, and the ones who won promised to maintain discipline and happiness in the digital classroom. The teachers worked hard to create a peaceful, harmonious and fun-filled atmosphere for the Samashti digital elections. This was not only a digital election held in Samashti, but also a lesson, teaching us to take every chance as an opportunity and never give up. Take a look at Page 13 for New Student Council 2020.



The Boy in Singapore

-Nandigam Sriram 6D

I am Nandigam Sriram, studying in grade 6D. I am attending online school from Singapore and I want to tell you about my difficulties. I flew to Singapore just a week before the lockdown commenced, somewhere around March. I first had the problem of the network being very weak and unstable at times, but everyone was handling the problems at their best. The first term had a rocky start because the teachers were worried about how much syllabus we would be covering and how fast we are supposed to go with the months passing by. So, they had to prepare a lot and give us notes, share videos and documents, etc. All that was taking a lot of time and was making me stressed. A major issue for me was that I didn't have my books and I was feeling very disconnected from my friends as I couldn't meet them. While the second term was round the corner, I finally received my books, overcame my stress with the teachers helping out, and was normal, but that's not all. New problems occurred - the timings etc. As I am in Singapore, I am ahead of the time in India by 2 and 1/2 hours, so 12:30 pm would mean 3:00 pm here and that is past lunchtime. Hoping to overcome the challenges soon during these testing times.

What if we look at the bright side of lockdown?

-Varshitha Matta 9B



Let's be honest, most of us thought lock down was a "curse" in the beginning, but later got used to it. Some of us still see it as nothing but boredom and joblessness, but life is all about searching for the positives. I saw it as an interesting experience, being stuck at home. It was quite challenging at first because there were no online classes, let alone work to take care of. When you turned on the TV, you'd see news about corona virus cases and deaths, which would just increase your sense of devastation and fear.

However, having nothing to do is a way to find new things to do. During lockdown, I learned how to cook. I also took the time to start taking care of myself. I started meditating, exercising, eating healthy most of the time, learning new skills and educating myself with the help of the internet, and trust me, I've never felt better.

Lockdown has allowed me to improve myself and find happiness in the little things around me. When you have so much work to do, you forget about looking for peace. You forget about looking for enjoyment. Now, I just go out to my balcony and observe the breeze, trees, birds, people, animals... Truly, I'm starting to see how beautiful it is to live in a peaceful environment, and how thankful I should be.

Are you bored? Try something new! Try looking out the window and get inspired! If it helped me, it could help you, too.

Sach and Soch Interviews

-Theertha 9C

SACH & SOCH

The 'Sach and Soch' team for 2020 has been finalized!

This year, the ninth-graders took the wheel in managing Samashti's monthly newspaper. We sat with our principal, Meera ma'am, and Bhargav sir, and we finalised the details of the newspaper. We held countless meetings where we talked not just about the content, but also talked about the ways we could improve the quality of our skills. With the help of our teachers' guidance we collected content and edited it. But before working on the newspaper, we wanted a group of students to be a part of the team.

So, we decided to take interviews. The interviews were a great way to interact with students across the school. I was taken aback by the answers given by the students. Each one of them was creative and confident. After the interviews, the panel sat together and conferred about their opinions and choices. The 13th of October was the first day of Sach and Soch planning in full swing, and now here we are, with our first edition of Sach and Soch 2020-21!

The whole journey; from the early meetings to the final release; was an extraordinary experience for all the members, students and teachers, and we all thoroughly enjoyed working together to bring this newspaper to life!



Chhoti Si Baat

-Diksha 9D

Life is all about learning, experiencing and going through different phases, it might be sad or happy. Life doesn't contain only pleasant seasons; it contains all the seasons. The happiness of our life depends on the quality of our thoughts. And the quality of our thoughts get enhanced when we share our experiences, our little precious moments. With this in mind, our principal came up with a wonderful initiative - "Chhoti Si Baat". "Chhoti Si Baat" - when we hear that, the first thing which comes to our mind is small incidents. Yes, some small and tiny moments of our lives which we usually don't share with others. But through this platform, we have shared our old memories, small or big incidents, and talked about tiny moments of our lives with our classmates and friends.

Our principal, Dr. Meera Bhandari Arora, is our guide for this program. This initiative takes place every Wednesday. Each time we share, we learn something new and try to bring improvements in our life, and "Chhoti Si Baat" is all about that.

We started this initiative by sharing our school memories - they were funny, cute, sad and happy. Some of the memories even taught us a lesson and some helped us to bring improvements in our lives.

Currently, we all are sitting at home and are unable to meet each other or talk to each other, but through this initiative, we get an opportunity to connect with each other virtually.

THE BEGINNING OF AN UNEXPECTED JOURNEY

School days are the most important and memorable days of our lives. One such memory of mine is the first day of school at Samashti International School. Because I had come from a foreign country, there was much that I had to adapt to-- the slang, the syllabus, friends and everything. But thanks to all those who helped me, I managed to cope up. The first day, I was nervous, anxious and curious about my teachers, because everything seemed so different. I remember quite vaguely that when I entered the classroom along with my class teacher- Archana ma'am, the science (or what is called EVS in grade 4) was going on with the respective teacher – Aruna ma'am, and the class was watching something on the smartboard. While Archana ma'am introduced me to the class, all their eyes were on me and I felt weird, but soon after, the feeling had disappeared. I was quickly assigned a buddy, and the class continued. Ma'am revised the chapter for me before starting which gave me a really good impression of the teachers already. Sometimes, there were some quarrels between me and my classmates, but that's okay, because the same people who I thought were enemies soon turned out to be my friends. Of course, at first I had to finish all of my notes and actually understand the concepts, but that was taken care of by all my teachers who guided me through all my queries and unsolved questions. Thinking about it now, I feel a surge of deep gratitude towards them, for working day and night just for us and spending all of their time explaining everything to us. To summarize it all, I wouldn't have been confident enough to even write this article if it weren't for my supportive teachers, my friends, seniors, juniors, and everyone in this school, and I'm sure that I will never forget all that they have done for me, and this wonderful phase of my life.

-Laasya '7 D'

A VIRTUAL CLASS PHOTO

This lockdown has stopped us from doing a lot, from meeting friends and family, to visiting the malls. It has shut down schools, and unfortunately, we didn't have our class photo. However, it hasn't stopped the students of Grade 8B as they decided to have "A VIRTUAL CLASS PHOTO". All students of 8B, including the old ones, were called and requested to attend a meeting. With the help of their class teacher, a link was produced. Students in no time joined the meet with loads of joy. Finally, photos were taken; well, 'screenshots' sounds better in this situation. This time, the internet was with us too, and we had a successful virtual class photo.

-Bhaavana Sreesailam '9 B'



THE IMPORTANCE OF SCHOOL LIFE

A man always remembers the memorable days he has passed through. There are various good and bad memories in life. The good memories are the happy experiences one gets in one's life. The good memories also include school life. Memories of primary school, high school, college and university life. The memories of school life are definitely a treasure to cherish for the rest of your life. The school continuously plays an effective role in our future success. Schooling is the best part of a person's life which every student is missing currently. It is the golden time period of learning. It truly impacts the life of every student. The importance of school life can never be neglected. We get good learning experience, self-confidence, motivation and the will to do the best we can. It is our school life that blesses us with the best friends ever for the rest of our life.

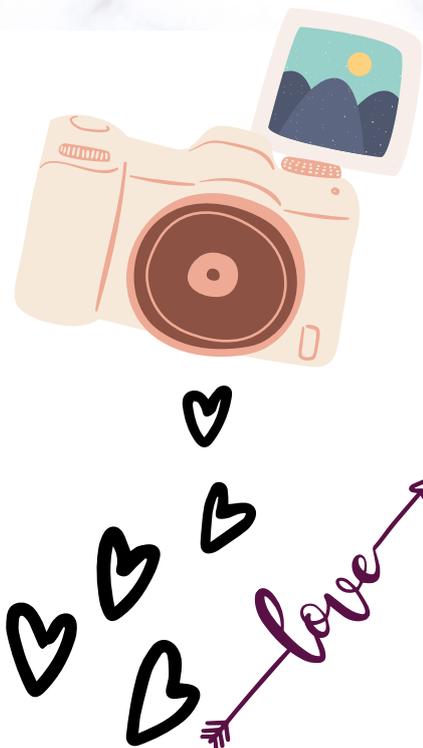
-Aditi '6 B'

THE COGWHEELS BEHIND EVERYONE'S SUCCESS

In the lockdown, many people lost their jobs, which was their only bread and butter. And now, they barely have enough money to feed themselves! We are all more concerned about ourselves in this situation which isn't wrong; I mean everyone is concerned about their lives, but we didn't even think about them! Yes, we read in the news; it was the main headline for a day or two, but after that, it was as though it had vanished in thin air. The famous industrialist, Ratan Tata, after seeing this crisis said, "Firing employees from their positions would never be the solution. Your journey to success started with you but, the same employees you fired became the pillars to your building of success." At Samashti we realised their importance. We have respected those who help us, the aayas, the bus drivers and every other person. During such times, we realised how difficult it would be for these people to even feed themselves. We all live under shelters with cemented roofs, water connections but what about them? So, even though parents weren't paying the same amount of fees to the school, every employee of the school was paid their wages for helping during these times too. We all need to understand that by removing people from their jobs, we don't get a solution to our problems. These people who are struggling today in this crisis, have helped someone carve their success. People lose faith in humanity. We need to show humanity because many people play a major role in whatever we achieve in life! Ambani wouldn't have made it to the list of world's richest people without their help.. We wouldn't even know him as one of the world's richest people! Today, at this moment I would like to thank all my aayas, bus drivers and teachers who have helped us constantly. We all must thank those who work with and for us, and help us in our daily lives.

-Amrit Kaur '7 C'

GALLERY



A picture is worth a thousand words and the memories are priceless





Sir Edmund Percival Hillary

-Purvi Patankar '9 D'

Sir Edmund Percival Hillary was born on 20th July 1919 at Auckland, New Zealand. He was a New Zealand mountaineer, explorer and a philanthropist. He, along with a Tibetan mountaineer Tenzing Norgay, was the first to reach the summit of Mount Everest, the highest mountain in the world.

Hillary became interested in climbing when he was in secondary school. He made his first major climb in 1939, reaching the summit of Mount Oliver. After his Military service in WW2, he dropped out because of an injury. He continued climbing and became determined to scale Everest. In 1951, he joined a New Zealand party to the Central Himalayas, and later that year, he participated in a British reconnaissance expedition of the Southern flank of Everest in which he was soon invited to join the mountaineer's planning team to climb the peak.

The well-organized expedition was launched in the spring of 1953, and a high camp from which to mount attempts at the summit was established by mid-May. After a pair of mountaineers failed to reach the top of Everest on May 27, Hillary along with his partner Tenzing, set out for it early on May 29 and by late morning, they were standing on the top of Everest. They shook hands and took photographs. Tenzing embraced his partner. After spending about 15 minutes, they started their descent.

Hillary climbed 10 other peaks in the Himalayas. He reached the South Pole by tractor and recorded this feat in The Crossing of Antarctica and No Latitude for Error.

On 6 June 1953, he was appointed as the Knight Commander of the Order of the British Empire. He had also received the Queen Elizabeth II coronation medal the same year. He was also awarded the Polar Medal in 1958 for his part in the Commonwealth Trans-Antarctic Expedition. The Government of India, conferred him its second highest civilian award, Padma Vibhushan in 2008.

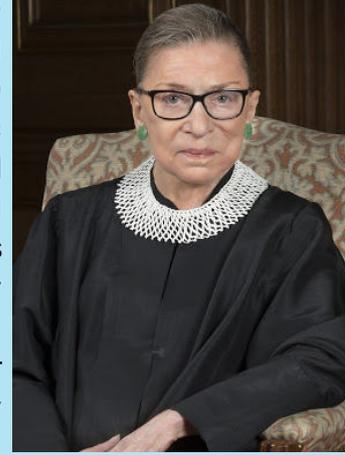
On 22 April 2007, while he was on his trip to Kathmandu, Hillary suffered a fall and was hospitalized in Auckland City Hospital after returning to New Zealand. On 11 January 2008, he died due to a heart failure in the hospital. Flags were lowered to half-mast on New Zealand public buildings. At Scott Base in Antarctica, the Prime Minister, Helen Clark called Hillary's death a "profound loss to New Zealand".

The Notorious RBG

-Theertha '9 C'

Ruth Bader Ginsburg was the US supreme court's feminist icon. Small, soft-spoken, yet fiercely determined, she was an unstoppable force that transformed the law and defied social norms. Appointed by President Bill Clinton in 1993, Ginsburg became the second female justice of the US Supreme Court. Before her tenure as Supreme Court justice, Ginsburg co-founded the 'Women's Rights Law Reporter' in 1970, the first US law journal to focus solely on women's rights. Two years later, she co-founded the Women's Rights Project at the American Civil Liberties Union (ACLU), once again making sure that women's voices were heard in law. She worked in the US Court of Appeals for the District of Columbia until she was appointed to the Supreme Court in 1993.

After 27 years serving as a justice on the US Supreme Court, Ruth Bader Ginsburg died on September 18, 2020, due to complications from metastatic pancreatic cancer. Until the 2018 term, Ginsburg had not missed a single day of oral arguments, not even when she was undergoing chemotherapy for cancer or the day after her husband passed away. She never gave up, she stood up for her beliefs and fought for justice. That's why she was called the 'Notorious RBG'.



कोरोना से बचना है तो इन बातों का रखें ख्याल

-'राधिका 9 डी'



1. अपने हाथों को बार बार कम से कम 20 सेकेंड्स के लिए धोएं।
2. कोरोना से बचाव के लिए सामाजिक दूरी बनाए रखना बहुत ज़रूरी है।
3. अपने नाक, मुंह और आंखों को मत छुएं।
4. छींकते और खांसते समय अपने नाक और मुंह को रुमाल या टिशू से ढकें।
5. उपयोग किए टिशू को डस्टबिन में फेंके।
6. पीने के लिए गुनगुने पानी का उपयोग करें।
7. दूसरों से हाथ मिलाने कि बजाए उन्हें दूर से नमस्ते करें।
8. पब्लिक ट्रांसपोर्ट में सफ़र करते समय सावधानी बरतें।
9. घर से निकलते वक्त मास्क पहनना ना भूलें।
10. सरकार द्वारा बनाए गए सभी नियमों का पालन करें। खुद के साथ साथ दूसरों को भी सुरक्षित रखें।



New Zealand - Land of Long White Clouds - Karthikeya 9D

New Zealand is an island country located in the South Pacific Ocean. It consists of two main landmasses, they are the North Island and the South Island and it also consists of 600 minor islands. The islands of New Zealand are located approximately 2,000 kilometers east of Australia across the Tasman Sea. New Zealand's geography gives us one of the most striking sights to behold. Spectacular glaciers, picturesque fjords, rugged mountains, vast plains, rolling hillsides, subtropical forest, a volcanic plateau, miles of coastline with gorgeous sandy beaches - they are all here. The North Island of New Zealand has a 'spine' of mountain ranges running through the middle, with gentle rolling farmland on both sides. The central North Island is monopolized by the Volcanic Plateau, an active volcanic and thermal area. To the east of the Southern Alps is the rolling farmland of Otago and South-land, and the vast, flat Canterbury Plains.

ETYMOLOGY

The first European visitor to New Zealand, Dutch explorer Abel Tasman, named the islands Staten Land, believing they were part of the Staten Landt that Jacob Le Maire had sighted off the southern end of South America. Hendrik Brouwer ascertained that the south American land was a small island in 1643, and Dutch cartographers thereon renamed Tasman's discovery 'Nova Zeelandia' from Latin, after the Dutch province of Zeeland. In some ancestral stories, Aotearoa was the name of the canoe (waka) of the explorer Kupe, and he named the land after it. Due to the cloud which welcomed them, Kupe named the land Aotearoa.

HISTORY

New Zealand was one of the lands that did not have any human presence for centuries. Europeans did not revisit New Zealand until 1769 when British explorer James Cook mapped nearly the entire coastline. From the early 19th century, Christian missionaries began to settle New Zealand, ultimately converting most of the Māori population. On 6 February 1840 at Waitangi, William Hobson — New Zealand's first Governor — invited assembly Māori chiefs to sign a treaty with the British Crown.

The treaty was taken all around the country - as far as south Foveaux Strait - for signing by local chiefs. Gold was discovered in Otago in 1861 and then on the West Coast, helping to make Dunedin New Zealand's largest town. In the 1870s, the government helped thousands of British people start a new life in New Zealand. Not long after, New Zealand was the first country to offer state pensions and, in the late 1930s, state housing for workers. New Zealand was keen to show its loyalty to the British Empire and sent troops to fight for Britain in the South African War in 1899. Instead, New Zealand became an independent Dominion in 1907. New Zealand also took part in WWI and WWII and showed loyalty and friendship to Britain and the USA.

GOVERNMENT

New Zealand is a constitutional monarchy with a parliamentary democracy, although its constitution is not codified. Elizabeth II is the queen of New Zealand and thus the head of state. The queen is represented by the governor-general, whom she appoints on the advice of the prime minister.

LANGUAGE

English is the predominant language in New Zealand, spoken by 95.4% of the population. New Zealand English is similar to Australian English and many speakers from the Northern Hemisphere are unable to tell the accents apart.

RELIGION

Christianity is the predominant religion in New Zealand, although its society is among the most secular in the world.

CULTURE and LITERATURE

Early Māori adapted the tropically based east Polynesian culture in line with the challenges attributed with a larger and more diverse environment, eventually developing their own distinctive culture. As part of the resurgence of Māori culture, the traditional crafts of carving and weaving are now more widely practised and Māori artists are increasing in number and influence. Māori cloaks are made of fine flax fibre and patterned with black, red and white triangles, diamonds and other geometric shapes. Māori quickly adopted writing as a means of sharing ideas, and many of their oral stories and poems were converted to the written form. Most early English literature was procured from Britain and it was not until the 1950s when local publishing outlets increased

that New Zealand literature started to become widely known.

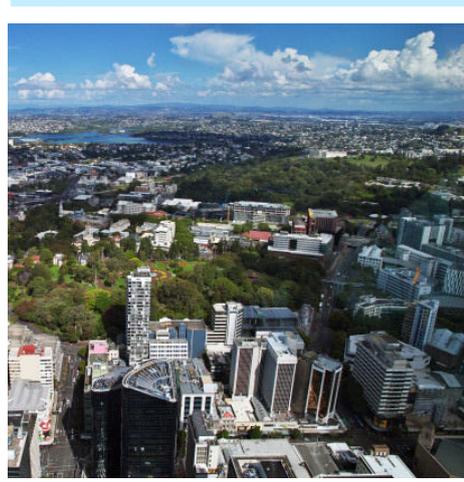
SPORT and CUISINE

Most of the major sporting codes played in New Zealand have British origins. Golf, netball, tennis and cricket have the highest rates of adult participation, while netball, rugby union and football (soccer) are particularly popular among young people. New Zealand is known for its extreme sports, adventure tourism and strong mountaineering tradition, as seen in the success of notable New Zealander, Sir Edmund Hillary.

The national cuisine has been described as Pacific Rim, incorporating the native Māori cuisine and electric culinary traditions introduced by settlers and immigrants from Europe, Polynesia and Asia.

CONCLUSION

Described as having "rolling green hills, majestic mountains, breathtaking fjords and amazing diversity of landscape from one island to the next," New Zealand is one of the 10 most stunning places in the world.





A SAFE DIWALI

I've heard people tell me on Diwali, "It's your day!". Diwali is the five-day festival of lights, celebrated by millions of Hindus, Sikhs, and Jains across the world. Diwali, for some, coincides with harvest and new year celebration and is a festival of new beginning, the triumph of good over evil, and light over darkness. People decorate their homes, pray, feast, distribute sweets, brighten their homes with Diyas or lamps, and light fireworks. Lighting fireworks is a prominent part of Diwali but is turning disastrous.

Some of the reasons include massive damage to the air around us, noise pollution, PTSD, and in cases of accidents, it can kill or injure others. Fireworks can be particularly terrifying for animals who have better hearing than humans, like dogs. We may feel like it's hard not to burst crackers, because it may take all the fun out of Diwali. However, there are numerous alternatives!

You can use glow sticks, LED lights, wish lanterns, paper poppers, or even inflated paper bags. This Diwali, let's celebrate safely, and take sufficient precautions for COVID-19 as well! Stay safe, stay balanced, and celebrate!

-Diya Tanushree '9 D'



CORONA-HUMAN'S DANGER

Many of us have different ways to describe pandemic, I mean in both good and bad. While many approach the topic through its bad face let me help you all to face it through its good face. We all have our own problems like family problems, workplace stress, etc..... but have we ever thought of the burden that our mother earth is carrying? Our harsh but truthful answer will be "NO". Though few of us come up to create awareness, many of the others just push them down without a second thought! But you know what, our mother earth knows how to take care of itself. In this pandemic we have realized a lot of things, one of the most important thing is that our mother earth started to heal itself unassisted by humans. There is no pollution, as we do not travel too much in this pandemic. People have stayed home for a long time, therefore deforestation has reduced, leading to a good amount of rains making our farmers happy. Wow! Pretty amazing right! See, how many benefits we have gained! Our mother earth is able to do these many things without our help! Imagine how many amazing things can be done with our help, so come on guys let's help our mother earth enrich itself.

-Rupashi '6 C'



SAMASHTI VIGYAN 2020

Students researched about various topics and virtually discussed, coming up with innovative projects and then confidently presented them online.



As we all know, the Samashti Vigyan (Science Fair) was a grand success, all thanks to the teachers, parents, and of course, all the Samashtians and their respective projects. One such team from 8D talked about Vaccines and Antibiotics. The team members were Sneha, Aadit, Aditi, Satchitanand, and Deetya, besides me. We explained that vaccines are substances used to stimulate the production of antibodies and provide immunity against one or several diseases, and that antibiotics are medicines that inhibit the growth of or destroy microorganisms. We all worked together, and although sometimes there were a few differences between our thoughts, we all came together at the end. Preparing the presentation was a bit tough because at first, there were too many slides, almost twenty-five, and we knew that it was too much. To change this, we also had to change the topics assigned to each other, that too three days before the final day. And so, we had to research, finalise the information, and make the slides in time, but all along we knew we could do it. During the demo, our respective incharge teacher appreciated it, but there had to be more coordination because sometimes the speaker would start before the slide was moved. At rehearsal time, we practiced many times, and the next day, our teacher said that it was great! On the final day, everything went as planned, and the chief guest said that it reminded him of his past, when he was at a medical academy. After hearing the comment, we were all very proud of ourselves and talked about how the presentation went soon after. All of this being said, I think that this Samashti Vigyan was something I am very grateful for since it has taught me leadership skills, teamwork, time management, and collaboration. It has been a wonderful experience, and I am sure that I will never forget it.

-Laasya '8 D'

FEAR

"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear." - Nelson Mandela

Fear! Everyone in their life fears something. It is not wrong to be afraid of something. but not overcoming that fear is wrong. It is just a human emotion, and if we control it, there will be no problem. But sometimes it leads us to panic, it makes us stressed and angry. It affects us only in a bad way, and sometimes we may hurt someone. It is not difficult to overcome fear, but when people are afraid, they don't easily understand things and take the wrong steps. So whenever we are afraid of anything, we should be calm and discuss our problems with our parents, teachers or our friends, and we should give ourselves time to rest.

-Suhaila '9 C'



A RECIPE TO BOOST YOUR IMMUNITY

This recipe will give an immediate recovery from cold, cough, throat infection and will boost the immune system.

Ingredients required:

- Cinnamon- 1 tsp
- Cloves- 1 tsp
- Ginger- 1 tsp
- Black Pepper- 1 tsp
- Cumin seeds- 1 tsp
- Ajwain- 1 tsp
- Jaggery- 1 tsp
- Turmeric powder- ¼ tsp
- Water- 3-4 cups

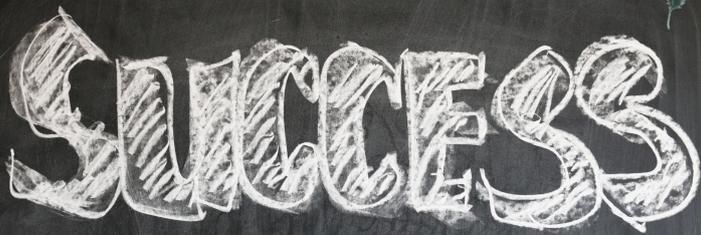


Procedure:

- Pour the water in a vessel, and treat it with some heat.
- Once the water has boiled, add all the ingredients.-
- Boil the solution for 5-10 minutes.
- Then, filter the solution, and it is ready to drink!

-Bhaavana Sreesailam '9 B'

Show them who you are



I know I need to try,

No matter the circumstances;

I need to go through what comes later,

I've gotta take the chances.

The world will try to stop me and so will my thoughts,

But my life story is what I'll plot.

At every moment you will be criticized,

But just like old thoughts even to this you gotta say goodbye!

The road to success isn't easy,

It's not easy to walk up as though it's breezy.

There are storms in the way,

But even after it clears, the skies are grey.

There are many mountains to climb in life,

But soon it will be our showtime.

We will show them what we can do,

We will show them how our story we ourselves drew.

-Amrit 7C

Put Your Thinking Cap To Solve These Riddles!

1) Where does today come before yesterday?

Answer- In the dictionary

2) What has a lot of eyes but can't see?

Answer- A potato

3) If you drop me, I am sure to crack but give me a smile and I will always smile back. What am I?

Answer- A mirror

4) Why did Mickey Mouse go to outer space?

Answer- To visit Pluto

5) A girl is sitting in a house at night that has no lights on at all. There is no lamp, no candle, nothing. Yet she is reading. How?

Answer- The girl is blind and reads Braille.

6) I give milk and have a horn, But I am not a cow. What am I?

Answer- A milk truck

7) It belongs to you, but your friends use it more. What is it?

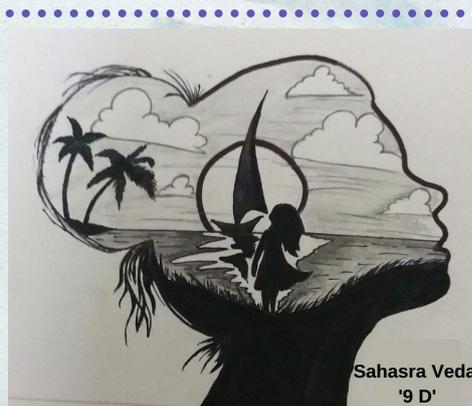
Answer- Your name

8) Which two keys can't open any door?

Answer- Donkey and Monkey.

-Varnika Kolluru '8 B'

Canvas Creations



Sahasra Veda '9 D'



Shreya '6 A'



Saanvi Polavarapu '6 D'



Rasagna Pallavi '6 C'



Samhita Krishna '6 A'



Sahana RK '6 B'



VN Akshath '7 A'

LAUGH OUT LOUD

How do mathematicians scold their children?
If I've told you n times, I've told you n+1 times...!

What's the best thing about Switzerland?
I don't know, but their flag is a huge plus!

Why aren't koalas actually bears?
They don't meet the koalafications!

What do you call a dinosaur that is sleeping?
A dino-snore!

Why did the student eat his homework?
Because the teacher told him it was a piece of cake!

-Akhil 9B, Aditi 6B



Congratulations! The first Student Council to take up the mantle of leadership in the virtual mode. Hope you will continue to uphold the tradition and values of Samashti and help the school reach greater heights and glory. All the best in all your ventures.



Head Boy

Pranay Arora (Gr:10 D)



Head Girl

Rashmika Lola (Gr:10 C)



Deputy Head Boy

Karthikeya A (Gr:9 D)



Deputy Head Girl

Saanvi S (Gr:9 B)



Junior Head Boy

Agamarsh M (Gr:5 C)



Junior Head Girl

Pakhi Raj (Gr:5 A)



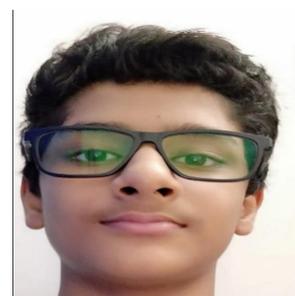
Cultural Secretary

K Lincy Davis (Gr:10 D)



Jr Cultural Secretary

Amisha Sharma (Gr:6 E)



Sports Captain (Boys)

Divyansh Bhartia (Gr:9 C)



Sports Captain (Girls)

Theertha Praveen (Gr:9 C)



Literary Secretary

S Haasini Reddy (Gr:9 C)



Jr Literary Secretary

Sai Sweshta (Gr:6 A)



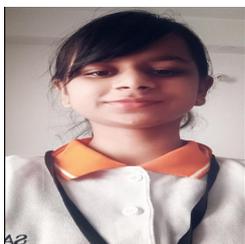
Treasurer

Sahasra Veda (Gr:9 D)



Treasurer

Sri Karthikeya (Gr:9 C)



Terra House - Captain

Payal Kumari (Gr:9 B)



Terra - Vice Captain

Manasi M (Gr:8 C)



Terra - Jr Captain

Abhinav B (Gr:4 A)



Aqua House - Captain

Siddhardh (Gr:9 C)



Aqua - Vice Captain

Nishad Dave (Gr:8 B)



Aqua - Jr Captain

Somanshi (Gr:4 A)



Aer House - Captain

Divya Sabapathy (Gr:9 D)



Aer - Vice Captain

Anoushka (Gr:8 C)



Aer - Jr Captain

Dheer Varma (Gr:4 A)



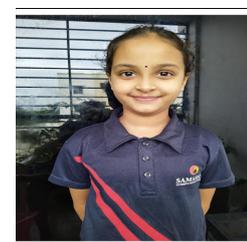
Ignis House - Captain

Mahek Jais (Gr:9 B)



Ignis - Vice Captain

Aarya Tiwari (Gr:8 D)



Ignis - Jr Captain

Srihitha R (Gr:4 B)